

## Treatment Care: Lash Extensions

Your lash extensions are attached to your own individual eyelashes, and will shed as your natural lashes shed. Maintaining your lash extensions will require regular visits to attach new extensions (fill-in) to your own eyelashes as your eyelash growth cycle regenerates new lashes.

With a few simple care instructions you will be on your way to enjoying your luscious long lashes. To increase the longevity of your lashes, it is advised to avoid moisture and touching as much as possible.

### **Before your appointment**

- If you use waterproof mascara, avoid using it 2-3 days before your first appointment. The film it leaves on your lashes may prevent the extensions from adhering correctly.
- Arrive to your appointment with dry, clean lashes and makeup-free eyes.
- Remove contact lenses before your appointment.

### **During the initial 24-48 hours after your appointment**

*Do not get your lashes wet for 24 hours after the lash extensions are applied. It will affect the efficacy of the glue.*

- Avoid steam from showers, facials, saunas and swimming pools.
- Avoid getting moisture around the eye area when washing face, showering etc.
- Avoid tanning beds for 48 hours after application.
- Avoid chemical peels, waxing or laser treatments around the eyes.

### **General guidelines to extend the life of your lashes**

- Avoid using oil-based skincare and makeup products around the eye, including mascara and makeup remover.
- Avoid waterproof mascara. If you can, it is better not to use any mascara at all. You may find you don't even need it!
- Avoid running water over your face. Moisture will break down the bond of the glue.
- Avoid rubbing your eyes or lashes, especially when washing your face. It is recommended to clean around the eye area with a washcloth or cotton swab (Q-tip).
- Avoid using an eyelash curler. One of the benefits of lash extensions is the ability to add curl to your lashes. If you would like more curl, please speak to your technician.
- If you can, sleep on your back to avoid the risk of lashes rubbing against your pillow.
- Gently brush your lashes with a mascara wand to groom them. The best time to do this is after showering, as they will be softer and less likely to damage.
- Avoid pulling your lashes, and do not attempt to remove them yourself. If you would like them removed, please contact your technician.

If you experience any pain, redness or irritation, contact your technician immediately.

# Client Health History: Lash Extensions



Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_

Home/Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email: \_\_\_\_\_

How should we contact you? (check one) Home/Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Email: \_\_\_\_\_

When is the best time to contact you? (check one) \_\_ Morning \_\_ Daytime \_\_ Evening

How did you hear of us? \_\_\_\_\_ Emergency contact name: \_\_\_\_\_

Phone: \_\_\_\_\_ Relationship to you: \_\_\_\_\_

## Health History

Please list any allergies you have (including cosmetics/ingredients): \_\_\_\_\_

Are you allergic to Acrylate/Cyanocrylate (bonding agent)? Yes/No/Don't Know

Have you ever had a reaction to adhesive tape, topical creams, nail adhesives, or other topical products?  
Yes/No

Do you have any eye disease, condition or injury that has affected your hair/lash growth or loss? Yes/No

Please list all current medications you are taking (including over-the-counter herbs, vitamins and supplements): \_\_\_\_\_

### Have you ever had any of these conditions? (Please circle)

Alopecia	Asthma	Back pain or back injury	Bell's Palsy	Blepharitis	Claustrophobia
Cold Sores	Conjunctivitis (pink eye)	Diabetes	Dry Eye Syndrome	Eye Sties or Sores	Herpes of the Eye
Intense Stress	Leamy eye	Light Sensitivity	Migraines	Ocular Rosacea	Rosacea
Sensitive Eyes	Stroke/TIA	Thyroid Disease	Trichotillomania	Recent Eye Surgery	Current Eye Irritation

Any other health condition not listed: \_\_\_\_\_

Continued ⇨



member  
Associated Skin Care Professionals

Client Health History: Lash Extensions continued

**These questions are relevant to your hair growth, and overall hair health. Please answer as fully as possible.**

Question	Y	N	Details <i>If applicable</i>	Adverse Reactions? <i>If applicable</i>
Are you pregnant or nursing?				
Do you wear contacts?				
Do you wear glasses?				
Have you ever had lash extensions?				
Have you ever had lash extensions removed?				
Have you ever used long lasting or waterproof cosmetics?				
Do you use Retin-A or Accutane?				
Do you go tanning (in salon, outdoor, or spray tan)?				
Have you had facial treatments?				
Have you ever had Botox®, Juvederm®, or any other injectables?				
Have you ever used Latisse® or any other lash growing product?				

Which side do you most often sleep on?  Right  Left  Stomach  Back

How fast do you feel your hair grows?  Fast  Slow  Normal Rate

Is there anything else we should know about? \_\_\_\_\_  
\_\_\_\_\_